



# The Cereal Mash





#### When to Use

- Only required for non-malted or otherwise unprocessed grain
- Makes starches available to enzymes
- Like decoction, this technique is rarely if ever required, but if homebrewers took the easy way out we would just *buy* craft beer...



### When to Use...

| Doesn't Require Cereal Mash | Does Require Cereal Mash  |
|-----------------------------|---------------------------|
| Malted Barley               | Unmalted Barley           |
| Malted Wheat                | Corn Grits or Polenta     |
| Malted Rye                  | Unmalted Wheat            |
| Flaked Maize                | Spelt                     |
| Flaked Oats                 | Uncooked Rice             |
| Flaked Rye                  | Millet                    |
| Flaked Barley               | Rye                       |
| Flaked Rice                 | Oats (whole or steel cut) |
| Torrified Wheat             |                           |



#### Structure of Starch





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Starch (amylopectin)

Starch (amylose)

A starch molecule contains hundreds of glucose molecules in either occasionally branched chains (amylopectin) or unbranched chains (amylose).



#### **Un-Gelatinized Starch Structure**





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## Gelatinization Temperatures

| Raw (unmalted) grain | Starch gelatinization temperature |
|----------------------|-----------------------------------|
| Barley               | 126–138°F (52–59°C)               |
| Buckwheat            | 167–203°F (75–95°C)               |
| Maize                | 144–162°F (62–72°C)               |
| Millet               | 152–170°F (67–77°C)               |
| Rice                 | 154–171°F (68–77°C)               |
| Rye                  | 135–158°F (57–70°C)               |
| Wheat                | 136–147°F (58–64°C)               |
| Oats                 | 127–138°F (53–59°C)               |



## Example Process

- Pre Prohibition Lager Grain Bill:
  - 10 pounds six row malt
  - 3 pounds corn grits
- Prepare the cereal mash
  - 3 pounds corn grits
  - Add crushed malt to grits, around 20% of corn weight (0.6 pounds)
  - Use a generous water to grain ratio, at least 1.5 quarts per pound



#### Example Process

- Conduct cereal mash:
  - Mash in at starch gelatinization temperature, 150° to 155° for corn
  - Hold temperature for 20 minutes, stir occasionally
  - Bring to a boil
  - Stir regularly
  - Boil for 30 minutes



### Example Process

- Meanwhile, mash remaining malt with water
  - Optional: mash this at low end of saccharification temperature (145° to 150°) if you would like to do a step mash
- Combine the mashes:
  - After cereal mash is complete, combine with normal mash, targeting upper end of mash temperatures 155° to 160°
  - Hold that for 30 to 60 minutes or until conversion is complete
- Drain, sparge and boil as normal



## And If I Don't ???

- Loss of yield, miss target OG
- Release of starch molecules into wort
- Cloudy beer?
- Infection?
- Human sacrifice
- Dogs and cats living together
- Mass hysteria



## Cheers !



